

WEST CENTRAL BREAKFAST & LUNCH MENU

February 2024

PK Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Offered Daily: Fresh Fruit, yogurt and juice Milk is served daily.			1 Waffles / Syrup	2 Cereal
5 French Toast Sticks / Syrup	6 Muffin	7 Pancake / Syrup	8 Cereal	9 Banana Bread
12 Egg & Cheese Biscuit	13 Cinnamon Bagel	14 Tornado	15 Waffles / Syrup	16 Cereal
19 NO SCHOOL	20 Muffin	21 Pancake / Syrup	22 Cereal	23 Breakfast Pizza
26 Pancake Sausage Stick Syrup	27 Bagel / Cream Cheese	28 Tornado	29 Waffles / Syrup	

Elementary - Middle School - High School

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Offered Daily: Fresh Fruit, yogurt and juice Milk is served daily.			1 Waffles / Syrup	2 Poptarts
5 French Toast Sticks / Syrup	6 Muffin	7 Pancake / Syrup	8 Nutri-grain Bars	9 Banana Bread
12 Egg & Cheese Biscuit	13 Cinnamon Bagel	14 Tornado	15 Waffles / Syrup	16 Donuts
19 NO SCHOOL	20 Muffin	21 Pancake / Syrup	22 Nutri-Grain Bars	23 Breakfast Pizza
26 Pancake Sausage Stick Syrup	27 Bagel / Cream Cheese	28 Tornado	29 Waffles / Syrup	

**PK- 12TH GRADE
LUNCH MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Maidrite / Bun Cooked Carrots, Pickles Apple Slices, Mayo, Mustard Sliced Onions, Ketchup	2 Chicken Patty / Bun Broccoli & Cheese Pears
5 Hot Dog / Bun Chips, Carrot Sticks Mandarin Oranges Ketchup, Mustard, Relish, Onions	6 Spaghetti Garlic Bread Romaine Lettuce & Spinach, Ranch or French, Pineapple	7 Chicken Strips Macaroni & Cheese Peas, Roll, Butter Mixed Fruit	8 Taco Shredded Lettuce & Cheese Diced tomatoes, Salsa Sour Cream, Refried Beans Peaches Bug Bites	9 Pizza Green Beans Frozen Fruit Pudding Rice Krispie Treat
12 Cheesy Breadsticks Marinara Sauce Corn, Peaches, Goldfish	13 Salisbury Steak Mashed Potatoes Gravy or Butter Green Beans Pears, Roll & Butter	14 Crispitos Cheese Sauce, Salsa Fresh Broccoli & Cauliflower Applesauce, Cookie	15 Goulash Mixed Vegetables Apple Slices Bread & Butter	16 SIP 11:30 Dismissal No Lunch Served
19 NO SCHOOL	20 Pizza Burger Green Beans Mandarin Oranges Pudding	21 Tenderloin / Bun Baked Beans Applesauce	22 Scalloped Potatoes & Ham Cooked Carrots Roll & Butter Mixed Fruit	23 Mexican Pizza Romaine Lettuce & Spinach Ranch or French Apricots, Cookie
26 Chicken Nuggets Mashed Potatoes & Gravy Butter, Roll, Green Beans Peaches	27 Corn Dog Broccoli & Cheese Mixed Fruit Rice Krispie Treat	28 Taco-In-A-Bag Shredded Lettuce & Cheese, Diced Tomatoes Refried Beans, Salsa Sour Cream, Apple Slices Cookie	29 Cheeseburger / Bun French Fries Cooked Carrots Mandarin Oranges	Offered Daily: Chocolate & White Milk. Salad Bar, Ham & Cheese Sandwich, Turkey & Cheese Sandwich and Fruit