WEST CENTRAL BREAKFAST & LUNCH MENU February 2025

PK Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Banana Bread, Cereal	Pancake/ Syrup, Cereal	Tornado, Cereal	Poptart, Cereal	French Toast Stick/Syrup, Cereal
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
10	11	12	13	14
Breakfast Egg Scramble	Bagel, Cereal	Waffle/ Syrup, Cereal	Muffin, Cereal	Donut
w/Shell, Cereal	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
Juice, Fruit, Milk	_		-	
17	18	19	20	21
NO SCHOOL	Pancake/ Syrup, Cereal	Tornado, Cereal	Poptart, Cereal	French Toast Sticks/ Syrup, Cereal
	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
24	25	26	27	28
Biscuits & Gravy	Bagel, Cereal	Waffle / Syrup, Cereal	Muffin, Cereal	Breakfast Pizza, Cereal
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk

Elementary - Middle School - High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Banana Bread, Cereal	Pancake / Syrup,Cereal	Tornado, Cereal	Poptart, Cereal	French Toast Sticks/Syrup, Cereal
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
10	11	12	13	14
Breakfast Egg Scramble	Bagel, Cereal	Waffle/ Syrup, Cereal	Muffin, Cereal	Donut
w/ Shell, Cereal	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
Juice, Fruit, Milk	-		-	
17	18	19	20	21
NO SCHOOL	Pancake/ Syrup, Cereal	Tornado, Cereal	Poptart, Cereal	French Toast Sticks/Syrup, Cereal
	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
24	25	26	27	28
Biscuits & Gravy, Cereal	Bagel, Cereal	Waffle/ Syrup, Cereal	Muffin, Cereal	Breakfast Pizza, Cereal
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk

PK - 12TH GRADE LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Tenderloin / Bun	Chicken Noodle Soup	Corn Dog	BBQ Rib Patty / Bun	Pizza Crunchers
Baked Beans	Mixed Vegetables	Peas	Broccoli, Cauliflower, Carrots	Marinara Sauce
Cooked Carrots	Grilled Cheese	Apple Slices	Ranch Dressing	Corn
Frozen Fruit	Peaches		Mandarin Oranges	Pineapple, Bug Bites
10	11	12	13	14
Grilled Chicken / Bun	Taco-In-A-Bag	Cheeseburger / Bun	Chicken Alfredo	EARLY DISMISSAL- 1130
Romaine Lettuce &	Shredded Lettuce & Cheese	French Fries	Green Beans	
Spinach	Diced Tomatoes	Cooked Carrots	Frozen Fruit	
Mixed Fruit	Refried Beans, Salsa	Pears, Pickles, Onions	Garlic Bread	
	Sour Cream, Pineapple			
17	18	19	20	21
NO SCHOOL	Breaded Chicken / Bun	Salisbury Steak	Grilled Chicken	Mexican Pizza
	Mixed Vegetables	Mashed Potatoes, Gravy	Chicken Rice	Romaine Lettuce & Spinach
	Apple Slices	Butter, Cooked Carrots	Black Beans	Ranch or French Dressing
		Peaches, Roll, Butter	Mandarin Oranges	Applesauce
24	25	26	27	28
Spaghetti w/	Hot Dog / Bun	Baked Potato	Chicken Strips	Crispitos
Meat Sauce	Chips, Carrot Sticks, Ranch	Chili, Cheese, Butter	Broccoli & Cheese	Cheese Sauce, Salsa
Parmesan Cheese	Apple Slices	Diced Ham	Pears	Mixed Vegetables
Corn, Garlic Bread Pineapple		Roll, Butter, Mixed Fruit	Rice Krispie Treat	Applesauce, Cookie