

WEST CENTRAL BREAKFAST & LUNCH MENU

January 2024

PK Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 No School	4 Waffles / Syrup	5 Cereal
8 Pancake Sausage Stick / Syrup	9 Pancake / Syrup	10 Muffin	11 Cereal	12 Banana Bread
15 No School	16 Tornado	17 Cinnamon Bagel	18 Waffles / Syrup	19 Banana Bread
22 French Toast Stick / Syrup	23 Pancake / Syrup	24 Muffin	25 Cereal	26 Breakfast Pizza
29 Pancake Sausage Stick / Syrup	30 Tornado		Offered Daily: Fresh Fruit, yogurt and juice Milk is served daily.	

Elementary - Middle School - High School**Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 No School	4 Waffles / Syrup	5 Poptarts
8 Pancake Sausage Stick / Syrup	9 Pancake / Syrup	10 Muffin	11 Nutri-Grain Bar	12 Banana Bread
15 No School	16 Tornado	17 Cinnamon Bagel	18 Waffles / Syrup	19 Banana Bread
22 French Toast Sticks / Syrup	23 Pancake / Syrup	24 Muffin	25 Nutri-Grain Bar	26 Breakfast Pizza
29 Pancake Sausage Stick / Syrup	30 Tornado		Offered Daily: Fresh Fruit, yogurt and juice Milk is served daily.	

**PK- 12TH GRADE
LUNCH MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 No School	4 Pulled Pork / Bun WG French Fries, Peas Peaches	5 Fajita / Shell Shredded Lettuce & Cheese Diced Tomatoes Ranch or French Frozen Fruit, Bug Bites
8 Salisbury Steak / Gravy Mashed Potatoes, Butter Cooked Carrots Mandarin Oranges, Roll, Butter	9 Pizza Burgers Green Beans Pears	10 Corn Dogs Broccoli & Cheese Rice Krispie Treat Mixed Fruit	11 Grilled Chicken / Bun Lettuce, Shredded Cheese Diced tomatoes, Ranch or French, Applesauce	12 BBQ Rib Patty Baked Beans Pineapple
15 No School	16 Snow Day	17 Tenderloin / Bun Cooked Carrots Apricots	18 Scalloped Potatoes & Ham Green Beans Apple Slices Roll & Butter	19 Frito Lay Bowl Shredded Lettuce & Cheese Diced Tomatoes Ranch or French Dressing Peaches, Cookie
22 Breaded Chicken / Bun Broccoli & Cauliflower Pears	23 Maidrite / Bun Baked Beans Apple Slices, Pickles Sliced Onions, Mayo Ketchup, Mustard	24 Cheesy Breadsticks Marinara Sauce, Corn, Peaches Parmesan Cheese	25 Cheeseburger / Bun French Fries, Cooked Carrots Applesauce Ketchup, Mustard, Mayo Pickle, Onion	26 Spaghetti, Parmesan Cheese Garlic Bread Romaine Lettuce & Spinach Ranch or French Dressing Pineapple
29 Pizza Crunchers Marinara Sauce Green Beans, Cookie Frozen Fruit Cup	30 Hot Dog / Bun Chips, Carrot Sticks Mandarin Oranges Ketchup, Mustard, Relish, Onions	31 Chicken Alfredo Breadstick, Broccoli Mixed Fruit		Offered Daily: Chocolate & White Milk. Salad Bar, Ham & Cheese Sandwich, Turkey & Cheese Sandwich and Fruit