

WEST CENTRAL BREAKFAST & LUNCH MENU

January 2026

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change	Milk is served Daily Fruit is served Daily		1 NO SCHOOL	2 NO SCHOOL
5 NO SCHOOL	6 French Toast Sticks w/ Syrup	7 Cereal & Yogurt	8 Pancakes on a Stick w/ Syrup	9 Cheese Omelet w/ Ketchup French Toast Graham Crackers
12 Yogurt Parfait Cup & French Toast Graham Crackers	13 Biscuits & Gravy	14 Tornadoes OR Cereal	15 Dutch Waffle w/ Syrup	16 Breakfast Pizza
19 NO SCHOOL	20 Sausage, Egg & Cheese Croissant	21 Cereal & Yogurt	22 French Toast Sticks w/ Syrup	23 Cheese Omelet w/ Ketchup French Toast Graham Crackers
26 Yogurt Parfait Cup & French Toast Graham Crackers	27 Biscuits & Gravy	28 Tornadoes OR Cereal	29 Dutch Waffle w/ Syrup	30 Breakfast Pizza

**PK - 12TH GRADE
LUNCH MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change	Milk is served Daily Fruit/Veggie Bar offered Daily.		1 NO SCHOOL	2 NO SCHOOL
5 NO SCHOOL	6 Crispitos Cheese sauce/salsa Green Beans Peaches	7 Pancake sausage wraps Syrup, Hash browns Cooked carrots Apple slices	8 Salisbury Steaks Mashed potatoes w/ butter, gravy Corn, Dinner roll Frozen Fruit	9 Pizza Crunchers Side Salad w/ Dressing Peas Pears, Cookie
12 Cheeseburger w/ bun French Fries Green Beans, Pears Pickle/Onion	13 Frito Chip Chili Bowl Shredded lettuce & Cheese, Onion Diced Tomato, Frozen Fruit	14 Chicken Alfredo Steamed Broccoli Breadstick Applesauce Scooby Snacks	15 Chicken drummies Mashed potatoes w/ butter, gravy Corn, Dinner roll Mixed Fruit	16 BBQ Rib Patty w/ Bun Pickle/Onion Peas Mandarin Oranges
19 NO SCHOOL	20 Chicken Noodle Soup Crackers, Grilled Cheese Carrots & Celery Sticks Frozen Fruit	21 Maidrite w/ Bun Tater Tots Peas, Mixed Fruit Pickle/Onion	22 Grilled Chicken Patty w/ Bun Baked Beans Corn Mandarin Oranges Cookie	23 Taco in a bag Shredded Lettuce & Cheese Diced tomato & Onion Sour cream, Refried Beans Frozen Fruit
26 Corn Dog Green Beans Applesauce Cheese Crackers	27 Pizza Burgers Cheese Stick Peas Peaches	28 Spaghetti w/ Meat Sauce Garlic knot Corn Pears	29 Breaded Chicken Patty w/ Bun Baked Beans Cooked carrots Pineapple	30 Mexican Pizza Side Salad w/ Dressing Green Beans Applesauce Scooby Snacks