## WEST CENTRAL BREAKFAST & LUNCH MENU

## May 2025

## Pre - K Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Poptart, Cereal	French Toast Sticks/ Syrup
			Yogurt, Fruit, Milk	Cereal, Fruit, Milk
5	6	7	8	9
Breakfast Pizza, Cereal	Cinnamon Bagel, Cereal	Tornado, Cereal	Waffles, Cereal	Banana Bread, Cereal
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
12	13	14	15	16
Pancake Sausage Stick/ Syrup	Choc. Chip Muffin, Cereal	Pancake/ Syrup, Cereal	Poptart, Cereal	Donuts, Cereal
Cereal, Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
19	20	21		
Biscuits & Gravy, Cereal	Cinnamon Bagel, Cereal	Tornado, Cereal		
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk		

## Elementary - Middle School - High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Poptart, Cereal	French Toast Sticks/ Syrup
			Yogurt, Fruit, Milk	Cereal, Fruit, Milk
5	6	7	8	9
Breakfast Pizza, Cereal	Cinnamon Bagels, Cereal	Tornado, Cereal	Waffles/Syrup, Cereal	Banana Bread, Cereal
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
12	13	14	15	16
Pancake Sausage Stick/ Syrup	Choc. Chip Muffin, Cereal	Pancake/ Syrup, Cereal	Poptart, Cereal	Donut, Cereal
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk	Yogurt, Fruit, Milk	Fruit, Milk
19	20	21		
Biscuits & Gravy, Cereal	Cinnamon Bagel, Cereal	Tornado, Cereal		
Juice, Fruit, Milk	Yogurt, Fruit, Milk	Juice, Fruit, Milk		

PK- 12 Grade - Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			BBQ Rib Patty / Bun	Pizza
			Cooked Carrots	Romaine Lettuce & Spinach
			Mandarin Oranges	Ranch or French
				Pears Bug Bites
5	6	7	8	9
Cheeseburger / Bun	Grilled Chicken / Bun	Hot Dog / Bun	Goulash	Pizza Crunchers
Tater Tots	Baked Beans	Chips, Carrot Sticks	Corn, Peaches	Marinara Sauce
Green Beans	Fruit Cup	Applesauce	Bread & Butter	Broccoli, Ranch
Apple Slices		Relish, Onions		Mixed Fruit
Pickles, Onions				Rice Krispie Treat
12	13	14	15	16
Chicken Alfredo	Tenderloin / Bun	Chicken Nuggets	Breaded Chicken / Bun	Taco-In-A-Bag
Green Beans	Broccoli & Cauliflower	Mashed Potatoes, Gravy	Cooked Carrots	Refried Beans, Diced
Apple Slices	Pears, Pickles, Onions	Butter, Corn, Applesauce	Peaches	Tomatoes, Shredded Lettuce
Garlic Bread Sticks		Roll, Butter		& Cheese, Pineapple
				Rice Krispie Treat
19	20	21		
Chicken Strips	Sub Sandwich/ Bun	Corn Dog		
Green Beans	Chips, Carrot Sticks	Corn		
Mandarin Oranges	Applesauce	Pineapple		
Sugar Cookie	Fruit-Roll-Up			
				Menu Subject to Change

May 21 - Last Student Attendance Day ENJOY YOUR SUMMER BREAK

Please be sure we have your current phone number and address for important announcements over the summer.