

**WEST CENTRAL BREAKFAST & LUNCH MENU**

**November 2024**

**PK Breakfast Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				1 Cereal French Toast Sticks /Syrup Fruit, Milk
4 Cereal, Banana Bread Fruit, Juice, Milk	5 <b>NO SCHOOL</b>	6 Cereal, Tornado Fruit, Juice, Milk	7 Cereal, Poptart Yogurt,Fruit, Milk	8 Cereal, Breakfast Pizza Fruit, Milk
11 <b>NO SCHOOL</b>	12 Cereal, Nutri-Grain Bar Yogurt, Fruit, Milk	13 Cereal, Pancake/ Syrup Fruit, Juice, Milk	14 Cereal, Muffin Yogurt, Fruit, Milk	15 Cereal, Waffles/ Syrup Fruit, Milk
18 Cereal, Biscuit & Gravy Fruit, Juice, Milk	19 Cereal, Bagel Yogurt, Fruit, Milk	20 Cereal, Tornado Fruit, Juice, Milk	21 Cereal, Poptart Yogurt, Fruit, Milk	22 Cereal, French Toast Stick/ Syrup Fruit, Milk
25 Cereal, Egg & Cheese Biscuit Fruit, Juice, Milk	26 Cereal, Nutri-Grain Bar Yogurt, Fruit, Milk	27 <b>NO SCHOOL</b>	28 <b>NO SCHOOL</b>	29 <b>NO SCHOOL</b>

**Elementary - Middle School - High School**

**Breakfast Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				1 Cereal, French Toast Stick/ Syrup Fruit, Milk
4 Cereal, Banana Bread Fruit, Juice, Milk	5 <b>NO SCHOOL</b>	6 Cereal, Tornado Fruit, Juice, Milk	7 Cereal, Poptart Yogurt, Fruit, Milk	8 Cereal, Breakfast Pizza Fruit, Milk
11 <b>NO SCHOOL</b>	12 Cereal, Nutri-Grain Bar Yogurt, Fruit, Milk	13 Cereal, Pancake, Syrup Fruit, Juice, Milk	14 Cereal, Muffin Yogurt, Fruit, Milk	15 Cereal, Waffles/ Syrup Fruit, Milk
18 Cereal, Egg & Cheese Biscuit Fruit, Juice, Milk	19 Cereal, Bagel Yogurt, Fruit, Milk	20 Cereal, Tornado Fruit, Juice, Milk	21 Cereal, Poptart Yogurt, Fruit, Milk	22 Cereal, French Toast Stick/ Syrup Fruit, Milk
25 Cereal, Egg & Cheese Biscuit Fruit, Juice, Milk	26 Cereal, Nutri-Grain Bar Yogurt, Fruit, Milk	27 <b>NO SCHOOL</b>	28 <b>NO SCHOOL</b>	29 <b>NO SCHOOL</b>

**PK- 12TH GRADE  
LUNCH MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Grilled Chicken / Bun Baked Beans Peaches
4 Cheeseburger / Bun French Fries Broccoli & Cauliflower, Ranch Pears	5 <b>NO SCHOOL</b>	6 Pizza Crunchers Marinara Sauce Corn Pineapple Bug Bites	7 Salisbury Steak Mashed Potatoes Gravy or Butter Cooked Carrots Mixed Fruit Roll & Butter	8 Taco-In-A-Bag Shredded Lettuce & Cheese Diced Tomatoes, Refried Beans, Salsa, Sour Cream Peaches
11 <b>NO SCHOOL</b>	12 Breaded Chicken / Bun Baked Beans Mandarin Oranges	13 Frito-Lay-Bowl Shredded Lettuce & Cheese,Diced Tomatoes Ranch or French Dressing Peaches, Cookie	14 Maidrite / Bun Tater Tots Cooked Carrots Applesauce	15 Pizza Romaine Lettuce & Spinach Ranch or French Pears Rice Krispie Treat
18 Chicken Strips Broccoli & Cheese Apple Slices	19 Hot Dog / Bun Chips, Carrot Sticks Mixed Fruit	20 BBQ Rib Patty /Bun Peas Apricots	21 Turkey Roast Mashed Potatoes Gravy or Butter Green Beans, Roll Applesauce Pumpkin Pie, Cool Whip	22 Tenderloin / Bun Baked Beans Pineapple
25 Cheesy Bread Sticks Marinara Sauce Corn Mandarin Oranges	26 Corn Dog French fries Mixed Vegetables Pears	27 <b>NO SCHOOL</b>	28 <b>NO SCHOOL</b>	29 <b>NO SCHOOL</b>