

WEST CENTRAL BREAKFAST & LUNCH MENU**September 2026-2027****PreK-12th Grade****Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change. Milk, Fruit, Juice & Cereal is served daily.	1 Breakfast Pizza	2 French Toast Sticks w/ Syrup	3 Biscuit w/ Gravy & Sausage Patty	4 Pancake Sausage on a Stick w/ Syrup
7 NO SCHOOL	8 Tornadoes & Cereal	9 Cheese Omelet & Hash Brown w/ Ketchup & Salsa	10 Mini Pancakes w/ Syrup & Sausage Patty	11 Dutch Waffle w/ Syrup & Yogurt
14 Muffins & Yogurt	15 Breakfast Pizza	16 French Toast Sticks w/ Syrup	17 Sausage Egg & Cheese Croissant	18 Pancake Sausage on a Stick w/ Syrup
21 Yogurt Parfait w/ Granola Pre-k:Yogurt and French Toast Grahams	22 Tornadoes & Cereal	23 Cheese Omelet & Hash Brown w/ Ketchup & Salsa	24 Mini Pancakes w/ Syrup & Sausage Patty	25 Dutch Waffle w/ Syrup & Yogurt
28 Muffins & Yogurt	29 Breakfast Pizza	30 French Toast Sticks w/ Syrup	1 Biscuit w/ Gravy & Sausage Patty	2 Pancake Sausage on a Stick w/ Syrup

**PK- 12TH GRADE
LUNCH MENU
September 2026-2027**

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change. Milk is served daily. Unlimited fruit & veggie.	1 Cheeseburger on WG Bun Lettuce, Tomato, Onion & Pickle, Seasoned Fries Baked Beans & Fruit	2 Taco in a Bag- Doritos Cheese, Lettuce, Tomato Onion, Salsa, Sour Cream Refried Beans & Fruit Graham Cracker Cookie	3 Chicken Patty on WG Bun Peas Baby Carrots & Fruit	4 Salisbury Steak Mashed Potatoes with Gravy/Butter Corn, Fruit WG Dinner Roll
7 NO SCHOOL	8 Tenderloin on WG Bun Tater Tots Green Beans, Fruit Pickle, Onion	9 Grilled Chicken on WG Bun Baked Beans Broccoli & Cauliflower Fruit	10 Mini Pancake/Sausage Wraps w/ Syrup Hash Brown, Yogurt Cup Baby Carrots & Fruit	11 Cheesy Breadsticks Warm Marinara Sauce Romaine Salad w/ Dressing Baby Carrots & Fruit
14 Chicken and Noodles Mashed Potatoes w/ Butter Green Beans, Fruit WG Dinner Roll	15 Corn Dog Chips, Corn Cucumber Slices Fruit	16 Frito Chip Chili Bowl Corn Bread Muffin Cheese, Lettuce, Tomato & Onion, Fruit	17 Pizza Bites Warm Marinara Sauce Corn, Baby Carrots Fruit	18 Spaghetti w/ Meat Sauce Romaine Salad w/ Dressing Green Beans, Garlic Knot Fruit
21 Crisпитos w/ Cheese Sauce Refried Beans Lettuce, Tomato, Salsa Fruit	22 Hot Dog w/ WG Bun Baked Lays, Baked Beans Cucumber Slices, Fruit Relish, Onion	23 Chicken Strips Mashed Potatoes with Gravy/Butter Green Beans, Fruit WG Dinner Roll	24 Creamy Mac & Cheese WG Breadstick Cooked Carrots Fresh Broccoli & Fruit	25 WG Stuffed Crust Pepperoni Pizza, Baby Carrots Romaine Salad w/ Dressing Fruit
28 Ham & Cheese on WG Bun Lettuce, Tomato, Mayo Green Beans Baby Carrots & Celery Fruit	29 Maid-Rite on WG Bun Tater Tots Green Beans & Fruit Pickle, Onion	30 Baked Potato w/ Toppings Butter, Sour Cream, Chili, Cheese & Bacon Bits Broccoli, WG Pretzel & Fruit	1 Chicken Alfredo Rotini WG Garlic Knot Steamed Broccoli Baby Carrots, Fruit	2 Pizza Crunchers Warm Marinara Sauce Romaine Salad w/ Dressing Corn & Fruit